

FIRST Training: Timetable

DAY ONE

10.30am	Arrive and settle in
11.00am	Welcome and introduction to the retreat
11.30am	Small groups: Getting to know each other
12.30pm	Lunch
1.30pm	Session 1: The Call to Leadership
2.30pm	Small groups: The Call to Leadership
3.00pm	Afternoon tea
3.30pm	Solo time/journaling
4.00pm	Session 2: Studying the Bible
5.00pm	Small groups: Studying the Bible
5.30pm	Dinner
7.00pm	Worship
	Session 3: Discovering your Gifts – Murray Brown
8.30pm	Supper and discussion in youth groups
	Solo time/journaling
11.00pm	Lights out

DAY TWO

8.00am	Breakfast
9.00am	Worship
	Session 4: Self-leadership – Murray Brown
	Small groups: Self-leadership
10.30am	Morning tea

11.00am **Session 5: Learning to Listen**
Small groups: Learning to Listen

12.30pm Lunch and free time

3.00pm Afternoon tea

3.30pm Solo time/journaling

4.00pm **Session 6: Learning to Pray**
Small groups: Learning to Pray

5.30pm Dinner

7.00pm Worship

Session 7: Personal Wholeness

8.30pm Supper and discussion in youth groups
Solo time/journaling

11.00pm Lights out

DAY THREEE

8.00am Breakfast

9.00am Worship

Session 8: Leading Where You Are
Small groups: Leading Where You Are

10.30am Morning tea

11.00am Solo time/journaling

12.00pm Sharing time and farewells

12.30pm Lunch
Clean up

2.00pm Head home